



The Trifarm 10k Autumn Trail Run

Event Date: Sunday 12-Dec-2021

Male Result

Rankings		Name	Bib	Team	Drtn	PostLag Gndr	Rems
Gndr	Open						
1	1	David Church (m)	56		00:42:06		
2	2	Ben Dowsey (m)	20		01:02:53	1.49	
3	3	Leo Fordham (m)	29	Lonely Goat RC	01:03:11	1.50	
4	4	Richard Howard (m)	52		01:03:33	1.51	
5	6	Jacob Herford (m)	19		01:04:36	1.53	
6	7	Anthony Knight (m)	18	Tiptree Road Runners	01:08:12	1.62	

Female Result

Rankings		Name	Bib	Team	Drtn	PostLag Gndr	Rems
Gndr	Open						
1	5	Rachael Rahman (f)	57		01:04:10		
2	8	Petra Rodova	58		01:11:09	1.11	