

**R right TR turn right RHF right hand of fork SA straight ahead X cross.**

**L left TL turn left LHF left hand fork FP footpath BW bridleway**

Start is located at the far end of the car park at the top of the bank. Complete a  $\frac{3}{4}$  lap of the lake in clockwise direction before heading across the grass to the exit of the Trifarm and Church Road.....(in **KM**)

1	<b>0.85</b>	TL onto Church Road. Stay on / nr grass verge and be aware of traffic(!) Go over the bridge.
2	<b>1.15</b>	TL onto FP and over a bridge.
3	<b>1.2</b>	TR onto FP. Head uphill towards the church. (Millennium Walk)
4	<b>1.6</b>	TL on footpath and follow the edge of the field / church yard.
5	<b>1.7</b>	SA between buildings and houses.
6	<b>1.71</b>	TR downhill on Church Rd.
7	<b>1.72</b>	TL onto track. (use stile if gate is closed.) (Millennium Walk.) Pass Little Baddow Hall.
8	<b>2.3</b>	TR over wooden bridge and then SA X corn field. Tall plants! 2 <sup>nd</sup> bridge to exit.
9	<b>2.6</b>	SA onto FP and through coppice.
10	<b>2.75</b>	TL onto Chapel Lane and head uphill towards the sharp left hand bend, then....
11	<b>2.9</b>	TR on FP and metal kissing gate. SA X field (usually horses in it.) <u>Exit at stile – NOT GATE.</u>
12	<b>3.2</b>	SA over stiles and a bridge. Between hedges and open lawn. (Wildside Walk FP).
13	<b>3.3</b>	SA down steep hill into woods. Wooden steps (!) Over a bridge and up the other side.
14	<b>3.5</b>	SA on FP. Fenced either side as you pass through an orchard.
15	<b>3.7</b>	Sharp RT to stay on the orchard FP (Millienium Walk).
16	<b>3.95</b>	Exit FP via metal kissing gate, TR onto Grace's Lane
17	<b>4.0</b>	TL onto BW between buildings / driveway (Grace's Walk/Admiral McHardy Way /Saffron Trail/NCN1.)
18	<b>5.0</b>	X Rd (Hammonds Road). SA on FP towards pylons.
19	<b>6.0</b>	SA over strange shaped stile. Stay on FP towards metal bridge.
20	<b>6.2</b>	TR onto FP. Keeping the river on your R and follow the river to the finish.
21	<b>10</b>	Finish line is just prior to the Finger Post near the bridge / Church Road.

## Emergency numbers:

**07774003961**

**07946622599**



Male Adder

**THE TRI STORE** 