

14-Nov-2021

R right TR turn right RHF right hand of fork SA straight ahead X cross.

L left TL turn left LHF left hand fork FP finger post SDW bridleway BY Byway

UH Uphill DH Downhill XR Cross Roads.

<https://www.mapmyrun.com/routes/view/3532842358>

<https://www.strava.com/activities/4285172107>

(Just to confuse you, narrative is in KM! Major turns underlined)

Start at the highest point of the wooden bridge over the A26. Head East on the track.

0.14 R at FP (SDW). Start the climb!

0.3 SA through gate. UH.

0.71 LHF.

1.68 SA through gate. UH.

2.7 SA through gate.

2.97 TR over gate grid (caution!) Head towards Firle beacon (2 masts).

3.26 Past masts (keep them on your righthand side.)

3.65 SA through gate.

4.26 SA through gate and XR through to car park. (caution!)

4.39 Exit car park through gate in the fence on your left. Stay heading East on SDW.

5km SA through gate can carry on UH.

5.75 SA through gate carry on UH.

7.15 SA through gate and then DH.

7.22 SA through gate and XR through car park (caution!)

7.3 SA through gate and UH.

7.85 LHF

8.38 Go through a gate and then stay on SDW on left hand field edge.

9.09 SA through gate.

9.58 Through gate and then TL. DH on steep chalk and flint path (caution!) FP with blue arrow.

10.08 SA DH following track.

10.51 TL onto BY (show by red and yellow arrows on FP.)

11.06 SA on BY.

12.75 LHF by wooden triangle bench towards Firle. Always stay on widest trail.

13.36 XR. SA to stay on BY to Firle.

15.66 LHF at cottage to stay on BY.

16.1 TL off of BY. 2 wooden gates. Stay on path on right side of field edge going UH.

16.8 SA through gate. UH on evil single track climb!

17.20 Single track end. Head UH towards double grass mounds on hill-top.

17.3 RT to rejoin SDW. Head West retracing steps. Keep fence to your left.

17.5 SA through gate.

18.12 Though gate, TR and go through car park. (Caution!) Head towards masts.

18.25 XR and gate SDW.

18.84 SA through gate.

19.5 Cattle grid then TL (Caution!)

19.82 SA gate.

20.80 SA gate DH.

22.22 SA gate DH then follow route to the wooden bridge / start.

22.4 SA over wooden bridge and stay on SDW.

22.5 TR UH on road to YHA

22.6 **Finish** by YHA sign!



Male Adder

