

MSM-Brewery 10k Chelmsford - Trail Run

Event Date: 2023-07-20

Brewery 10k Chelmsford - Trail Run

Race Format: tr10k

Female Result Category

Rankings		Name	BIB		Duration	Rate m/s	PostLag % Gndr	*Rems
Gndr	Open							
1	5	Dominique Sellors	61	Little Baddow Ridge Runner	00:58:53	2.83		CmpBrwry 14m04s
2	6	Laura Cranfield	55	Chelmer RoadRunners	01:00:27	2.76	2.66	CmpBrwry 13m09s
3	8	Laurie Chatterjee	58		01:01:54	2.69	5.12	CmpBrwry 12m05s
4	13	Kate Nicholls	40		01:18:01	2.14	32.49	CmpBrwry 14m08s
5	14	Victoria Darnell	53	Chelmer RoadRunners	01:22:51	2.01	40.71	CmpBrwry 13m09s
5	14	Heather Darby	54	Chelmer RoadRunners	01:22:51	2.01	40.71	CmpBrwry 13m09s
7	16	Miranda Forsey	48		01:23:56	1.99	42.55	CmpBrwry 09m11s
8	17	Angela Parsons	39	Fordy Runs Running Club	01:28:57	1.87	51.06	CmpBrwry 08m21s
9	18	Rachel Wiltshire	32		01:29:09	1.87	51.40	CmpBrwry 08m19s
10	20	Clare Hills	46		01:29:54	1.85	52.67	CmpBrwry 03m11s
11	21	Dawn Berry	59	Chelmer RoadRunners	01:32:33	1.80	57.18	!LkInPnlty 213s
12	22	Michelle Eley	50	Chelmer RoadRunners	01:32:57	1.79	57.85	!LkInPnlty 213s
13	23	Vanessa Durham	51	Chelmer RoadRunners	01:32:59	1.79	57.90	!LkInPnlty 215s
14	24	Lydia Beard	60	Chelmer RoadRunners	01:33:08	1.79	58.18	!LkInPnlty 213s
15	25	Julie Hewstone	47		01:33:20	1.79	58.50	!LkInPnlty 249s
16	26	Jayne Elliott	49		01:33:46	1.78	59.24	!LkInPnlty 91s

Open Category

Rankings		Name	BIB		Duration	Rate m/s	PostLag % Gndr	*Rems
Gndr	Open							
1	1	David Chatterjee	57	Good Gym	00:55:59	2.98		CmpBrwry 10m04s
2	2	Russell Dolton	52		00:56:02	2.97	0.09	CmpBrwry 10m00s
3	3	Ralph Holloway	45		00:58:49	2.83	5.06	CmpBrwry 14m04s
4	4	David Mason	43	Springfield Striders RC	00:58:50	2.83	5.09	CmpBrwry 14m04s
5	7	Darren Murphy	41	Little Baddow Ridge Runner	01:00:46	2.74	8.54	CmpBrwry 14m13s
6	9	Joel McKeown	42		01:01:58	2.69	10.69	CmpBrwry 11m59s
7	10	Andy Holmes	44	Good Gym	01:02:02	2.69	10.80	CmpBrwry 11m58s
8	11	Steve Cope	56		01:03:27	2.63	13.34	CmpBrwry 11m13s
9	12	Simon Rose	38		01:15:53	2.20	35.54	!LckIn pnlty 5s
10	18	Mark Topham	35	Trent Park RC	01:29:09	1.87	59.24	CmpBrwry 08m19s