

## Trifarm SPRING 10k trail run

<b>Name</b>	<b>Gndr</b>	<b>Bib</b>	<b>Team</b>	<b>Time</b>
Oliver Mawer	M	59		00.40.09
Jody Walker	M	48		00.41.18
Liam Beavis	M	49	Vegan Runners UK	00.41.25
Darren Murphy	M	65	Little Baddow Ridge Runners	00.42.27
Colin Fisher	M	54		00.53.50
Dominique Sellors	F	47	Little Baddow Ridge Runners	00.56.47
Michael Linger	M	52		00.59.30
Rob Linger	M	51		01.00.00
Kevin Carley	M	50		01.06.10
Bill Richmond	M	58	multisport-management.co.uk	01.07.07
Graham Lee	M	72	multisport-management.co.uk	01.07.10
Kelly Adams	F	43	Benfleet RC	01.09.10
Jennifer Sargent	F	46		01.11.26
Cathy Barnes	F	41		01.11.45
Teresa Flannigan	F	45	East Essex Triathlon Club	01.38.39