

Multisport-Management - The Trifarm 10k SUMMER Trail Event Date: 2023-06-08

Trifarm SUMMER Trail 10k

Race Format: tr10k

Female Result Category

Rankings		Name	BIB		Drtn	Rate m/s	PostLag % Gndr	Rems
Gndr	Open							
1	6	Laura Parrish	49	Springfield Striders RC	00:55:47	2.99		
2	7	Victoria Surtees	55	Springfield Striders RC	00:55:50	2.99	0.09	
3	8	Dominique Sellors	54	Springfield Striders RC	00:55:58	2.98	0.33	
4	11	Clarice Sanderson	53	Witham RC	01:04:00	2.60	14.73	

Male Result Category

Rankings		Name	BIB		Drtn	Rate m/s	PostLag % Gndr	Rems
Gndr	Open							
1	1	David Church	100		00:39:44	4.19		
2	2	David Chandler	42		00:44:48	3.72	12.75	
3	3	Simon Handley	46	Springfield Striders RC	00:49:45	3.35	25.20	
4	4	John Allen	19		00:55:09	3.02	38.79	
5	5	David Scarfe	56	Springfield Striders RC	00:55:22	3.01	39.35	
6	9	Wil van der Knaap	58		00:58:36	2.84	47.49	
7	10	Geoff Buddington	24		01:01:41	2.70	55.23	
8	11	Steven Alder	6	Witham RC	01:04:00	2.60	61.08	
9	13	Steve Cope	45		01:04:08	2.60	61.42	
10	14	Kevin Carley	26		01:04:10	2.60	61.50	
11	15	Richard Walker	101		01:04:20	2.59	61.92	