

Multisport-Management - The Trifarm 10k WINTER Trail R

Event Date: 2024-01-07

Trifarm WINTER Trail 10k

Race Format: tr10k

Female Result Category

Rankings		Name	BIB		Duration	Rate m/s	PostLag % Gndr	*Rems
Gndr	Open							
1	3	Sally Norris	93	Lewes AC	00:57:06	2.92		
2	6	Dominique Sellors	16	Little Baddow Ridge Runner	01:02:12	2.68	8.93	
3	8	Kathryn Stephens	98		01:08:02	2.45	19.15	
4	11	Clarice Sanderson	68	Witham RC	01:17:48	2.14	36.26	
5	14	Christine Israel	85	Witham RC	01:25:07	1.96	49.08	
5	14	Alex Bessent	72	Multisport-Management	01:25:07	1.96	49.08	
7	17	Michelle Burrows	74	Wivenhoe Runners RC	01:44:44	1.59	83.42	
7	17	Paula Donnelly	83		01:44:44	1.59	83.42	
9	20	Sally Kinsley	90		01:48:03	1.54	89.21	
9	20	Beccy Nisbett	92	Fordy Runs Running Club	01:48:03	1.54	89.21	

Open Category

Rankings		Name	BIB		Duration	Rate m/s	PostLag % Gndr	*Rems
Gndr	Open							
1	1	David Church	76	Multisport-Management	00:50:21	3.31		
2	2	Jamie Setterfield	97		00:54:22	3.07	7.98	
3	4	Mateusz Garbala	84		01:01:21	2.72	21.85	
3	4	Ben Rowe	95		01:01:21	2.72	21.85	
5	7	Marc Ó Dálaigh	70		01:02:54	2.65	24.92	
6	9	Dion Kipping	91		01:08:03	2.45	35.15	
7	10	Billy Dobinson	81		01:08:05	2.45	35.23	
8	11	Andrew Read	94	Witham RC	01:17:48	2.14	54.51	
8	11	Shayne Jones	86		01:17:48	2.14	54.51	
10	14	Steve Cope	77	Multisport-Management	01:25:07	1.96	69.06	
11	17	Matthew Burrows	75		01:44:44	1.59	108.03	