

Female Result Category

Rankings		Name	BIB		Duration	Rate m/s	PostLag % Gndr	*Rems
Gndr	Open							
1	7	Sarah Taylor	85		01:14:16	2.24		
2	9	Dominique Sellors	95	Multisport-Management	01:14:25	2.24	0.20	TR: 1/2
3	23	Diane Haylett	47		01:26:04	1.94	15.89	
4	24	Nina Edwards	37	Fordy Runs Running Club	01:26:08	1.93	15.98	TR: 2/8
5	27	Abby Glassfield	43		01:28:17	1.89	18.88	
6	28	Mhairi Wood	93		01:28:23	1.89	19.01	
7	29	Vanessa Rycroft	81		01:28:27	1.88	19.10	
8	30	Nicola Lawrence	57		01:31:42	1.82	23.47	
9	32	Heather Eltham	38	Brentwood RC	01:43:43	1.61	39.65	TR: 1/1
10	34	Michelle Cooper	29	Weald Park Warriors	01:43:56	1.60	39.94	TR: 1/1
11	35	Elizabeth Head	48		01:44:28	1.60	40.67	
12	36	Lynwen James	56		01:44:35	1.59	40.83	
13	37	Tanya Theron	87		01:45:23	1.58	41.90	
14	40	Susan McNally	69		01:50:02	1.51	48.17	
15	41	Marion Breeze	25	Pitsea Running Club	01:50:08	1.51	48.30	TR: 1/1
16	42	Kirsten Widdowson	91	Fordy Runs Running Club	01:50:16	1.51	48.48	TR: 5/8
17	44	Louise Garrett	40	Fordy Runs Running Club	01:50:27	1.51	48.72	TR: 6/8
18	45	Shannon Lee	58	Fordy Runs Running Club	01:50:31	1.51	48.81	TR: 7/8
19	46	Jan Smith	84	Fordy Runs Running Club	01:50:35	1.51	48.90	TR: 8/8
20	47	Vicky Malmsjö	60		01:50:40	1.51	49.01	

Male Result Category

Rankings		Name	BIB		Duration	Rate m/s	PostLag % Gndr	*Rems
Gndr	Open							
1	1	Richard de Boltz	22	Springfield Striders RC	00:50:48	3.28		TR: 1/3
2	2	Liam White	90	Springfield Striders RC	00:59:45	2.79	17.62	TR: 2/3
3	3	Russell Dolton	36	GoodGym Race Team	01:03:53	2.61	25.75	TR: 1/2
4	4	Steve Dickson	35		01:03:58	2.61	25.91	
5	5	David Chatterjee	28	GoodGym Race Team	01:04:09	2.60	26.28	TR: 2/2
6	6	Roland Etheridge	39	Lonely Goat RC	01:13:32	2.27	44.76	TR: 1/1
7	8	James Taylor	86		01:14:17	2.24	46.22	
8	10	Dan Patching	70	Flyers Southend	01:14:34	2.24	46.78	TR: 1/1
9	11	Tim Patching	73		01:14:42	2.23	47.04	
10	12	Antony Quant	75		01:19:51	2.09	57.18	
11	13	Simon Robinson	80		01:19:54	2.09	57.28	
12	14	Nick Golding	45		01:19:58	2.08	57.41	
13	15	Paul Harper	46		01:20:02	2.08	57.55	
14	16	Tom Deacon	33		01:22:14	2.03	61.86	
15	17	Connor Woolner	94		01:23:38	1.99	64.64	
16	18	David Mason	61	Springfield Striders RC	01:23:59	1.98	65.32	TR: 3/3
17	19	Ashley Charlton	27	Multisport-Management	01:24:13	1.98	65.78	TR: 2/2
18	20	Jon Read	78		01:24:54	1.96	67.11	

MSM - The Chelmsford Brew Co 10k Summer/July trail run

Event Date: 2025-07-17

19	21	Joel McKeown	63		01:25:52	1.94	69.03	
20	22	Ben Bailey	7	Fordy Runs Running Club	01:25:59	1.94	69.26	TR: 1/8
21	25	James Goddard	44	Mid Essex Casuals	01:26:18	1.93	69.89	TR: 1/1
22	26	Adam Curtis	32		01:26:24	1.93	70.07	
23	31	Michael Shaw	83		01:31:46	1.82	80.64	
24	33	Dean Adams	4		01:43:51	1.60	104.42	
25	38	John Garrett	41	Fordy Runs Running Club	01:49:53	1.52	116.31	TR: 3/8
26	39	Nikki Dennis	34	Fordy Runs Running Club	01:49:57	1.52	116.45	TR: 4/8
27	43	Grant Widdowson	92		01:50:18	1.51	117.11	

*Rems: 'TR' = RANK within Team inclusively