

Female Result Category								
Rankings		Name	BIB		Duration	Rate m/s	PostLag % Gndr	*Rems
Gndr	Open							
1	5	Paula Hope	37	South Woodham Runners	01:00:17	2.76		TR: 2/13
2	7	Michelle Lock	44	South Woodham Runners	01:00:25	2.76	0.22	TR: 3/13
3	10	Dominique Sellors	52	Multisport-Management	01:04:19	2.59	6.69	TR: 1/3
4	13	Melanie Carrington	15	South Woodham Runners	01:06:16	2.52	9.93	TR: 4/13
5	20	Gemma Addy	1	Nuclear Races Striders	01:19:44	2.09	32.26	TR: 1/5
6	21	Emily Young	67	Nuclear Races Striders	01:19:51	2.09	32.45	TR: 2/5
7	22	Karen Hawtin	33	South Woodham Runners	01:19:56	2.09	32.59	TR: 5/13
8	23	Debbie Head	34	South Woodham Runners	01:19:59	2.08	32.68	TR: 6/13
9	24	Charlotte Earey	23	South Woodham Runners	01:20:05	2.08	32.84	TR: 7/13
10	27	Karen Bateman	11	Nuclear Races Striders	01:20:55	2.06	34.23	TR: 5/5
11	28	Yvonne Waterhouse	61	South Woodham Runners	01:27:13	1.91	44.68	TR: 8/13
12	29	Liz Strathern	55	South Woodham Runners	01:27:16	1.91	44.76	TR: 9/13
13	30	Jennifer Ford	27	South Woodham Runners	01:27:19	1.91	44.84	TR: 10/13
14	31	Sharon Honey	36	Ilford AC	01:27:23	1.91	44.95	TR: 1/1
15	32	Penelope Street	56		01:27:32	1.90	45.20	
16	33	Sally Kinsley	42	South Woodham Runners	01:27:39	1.90	45.39	TR: 11/13
17	34	Laura Younan	66	South Woodham Runners	01:27:46	1.90	45.58	TR: 12/13
18	37	Clare Lawrence	43	Hockley Trail Runners	01:39:09	1.68	64.47	TR: 1/3
19	38	Jennifer Atkinson	5	Hockley Trail Runners	01:39:13	1.68	64.58	TR: 2/3
20	39	Lisa Rawlinson	50	Hockley Trail Runners	01:39:19	1.68	64.74	TR: 3/3
21	43	Tracey Turner	59	Hullbridge Running Club	01:42:06	1.63	69.38	TR: 5/7
22	44	Rosie Digweed	21	Hullbridge Running Club	01:42:11	1.63	69.49	TR: 6/7
23	46	Louise Wright	65	Hullbridge Running Club	01:42:21	1.63	69.78	TR: 7/7
24	47	Abby Glassfield	30		01:42:37	1.62	70.21	
25	49	Annie Poynton	48	Fordy Runs Running Club	01:42:45	1.62	70.44	TR: 4/15
26	50	Nina Edwards	24	Fordy Runs Running Club	01:42:48	1.62	70.53	TR: 5/15
27	51	Laura Singer	53	Fordy Runs Running Club	01:42:53	1.62	70.68	TR: 6/15
28	52	Kelly Nineberg	47		01:44:53	1.59	73.97	
29	56	Susan McNally	46	Fordy Runs Running Club	01:45:09	1.59	74.43	TR: 10/15
30	57	Sue Evans	25	Loughton AC	01:45:39	1.58	75.25	TR: 1/1
31	58	Kirsten Widdowson	64	Fordy Runs Running Club	01:45:45	1.58	75.41	TR: 11/15
32	59	Magda Wade	60	Fordy Runs Running Club	01:45:49	1.58	75.53	TR: 12/15
33	62	Louise Garrett	28	Fordy Runs Running Club	01:48:01	1.54	79.18	TR: 13/15
34	63	Julie Andrews	4	Fordy Runs Running Club	01:48:05	1.54	79.31	TR: 14/15
35	64	Alison Bullyment	13	Fordy Runs Running Club	01:48:07	1.54	79.34	TR: 15/15
		Vicky Wheelhouse	62	Nuclear Races Striders				DNF

Male Result Category								
Rankings		Name	BIB		Duration	Rate m/s	PostLag % Gndr	*Rems
Gndr	Open							
1	1	Gavin Hunt	38	Hullbridge Running Club	00:57:40	2.89		TR: 1/7
2	2	Simon Carrington	16	South Woodham Runners	00:57:56	2.88	0.46	TR: 1/13

MSM - The Chelmsford Brew Co 10k Summertrail run							Event Date: 2026-07-23	
3	3	Harrison Cutler	19		00:58:19	2.86	1.12	
4	4	Liam White	63	Springfield Striders RC	00:58:26	2.85	1.33	TR: 1/1
5	6	Jarrold Thompson	58	Hullbridge Running Club	01:00:23	2.76	4.71	TR: 2/7
6	8	Alex Hyde	39		01:01:29	2.71	6.62	
7	9	Russell Dolton	22		01:04:15	2.59	11.42	
8	11	David Chatterjee	17	GoodGym Race Team	01:05:42	2.54	13.93	TR: 1/1
9	12	Paul Backhouse	7		01:06:12	2.52	14.80	
10	14	Stuart Collett	68	Tiptree Road Runners	01:12:49	2.29	26.28	TR: 1/1
11	15	Martin Payne	69		01:12:51	2.29	26.33	
12	16	Simon Robinson	51		01:16:29	2.18	32.63	
13	17	Antony Quant	49		01:16:31	2.18	32.70	
14	18	Paul Harper	31		01:16:34	2.18	32.77	
15	19	Joel McKeown	45		01:19:40	2.09	38.16	
16	25	Ryan Bateman	12	Nuclear Races Striders	01:20:48	2.06	40.11	TR: 3/5
17	26	Nathan Hawkins	32	Nuclear Races Striders	01:20:52	2.06	40.23	TR: 4/5
18	35	Ben Bailey	8	Fordy Runs Running Club	01:29:25	1.86	55.06	TR: 1/15
19	36	Justin Heath	35	Fordy Runs Running Club	01:29:30	1.86	55.21	TR: 2/15
20	40	Marcus Ingram	40	Hullbridge Running Club	01:41:49	1.64	76.55	TR: 3/7
21	41	Phill James	41	Hullbridge Running Club	01:41:51	1.64	76.62	TR: 4/7
22	42	Mark Clark	18		01:42:01	1.63	76.90	
23	45	Dacre Barwick	10	South Woodham Runners	01:42:16	1.63	77.34	TR: 13/13
24	48	Dave Evans	26	Fordy Runs Running Club	01:42:41	1.62	78.06	TR: 3/15
25	53	Nikki Dennis	20	Fordy Runs Running Club	01:44:57	1.59	81.98	TR: 7/15
26	54	John Garrett	29	Fordy Runs Running Club	01:45:01	1.59	82.12	TR: 8/15
27	55	Liam Andrews	3	Fordy Runs Running Club	01:45:05	1.59	82.22	TR: 9/15
28	60	Jamie Barnes	9		01:47:11	1.55	85.87	
29	61	Steve Cope	70	Multisport-Management	01:47:15	1.55	85.98	TR: 2/3
30	65	Graham Lee	101	Multisport-Management	01:48:30	1.54	88.15	Tail Walker

*Rems: 'TR' = RANK within Team inclusively