

The Trifarm Winter 10k Trail Run 2025

AMc Admiral McHardy Way; **B** bridge; **BW** bridleway; **DH** downhill; **F** field; **FP** footpath; **G** gate; **L** left

LBMW Little Baddow Millennium Walk; **LHF** left hand fork; **LHFE** left hand field edge; **R** right

RHF right hand of fork; **S** Stile; **SA** straight ahead; **ST** Saffron Trail; **TL** turn left; **TR** turn right; **UH** uphill; **X** cross

START is located by the lake edge. We will all set off together. Follow the car park access road to Church Road, **TL** and stay on / nr grass verge and be aware of traffic(!) Go over the bridge. **TL** onto **FP** and follow riverbank path, crossing 2 small **Bs**

- 1.1 **TR** onto **FP**/grass area toward field
- 1.2 **TL FP LBMW LHFE** then **TR** with the **FP UH**. **SA X** middle **F**
- 1.66 At post **TL**; 1.8 **X** wooden **B**. **SA** electric fence on your **R**!
- 2k Enter Holybred woods over earth **B (AMc)**; 2.1 **TR FP UH**
- 2.54 **TR** onto Holybread Lane **DH**
- 2.89 Pass "Broomhill" and **TL FP S**
- 2.95 **TR S** to enclosed **FP**
- 3k **X** road to **G FP SA UH**
- 3.44 **X** wooden **B**, **TL UH** enclosed **FP**. **SA** through **G**
- 3.98 **TR** at end of fence line onto enclosed **FP**
- 4.1k Muddy **G**; 4.2 **SA DH FP**
- 4.3 **X B** over stream, **TR LBMW**. Take 2nd **RHF DH**
- 4.4 **X** 2B's then **UH** to...
- 4.5 Crossed paths. Go **SA LBMW**
- 4.75 **TR** onto **LBMW FP** (undulating)
- 5k **TL** enclosed **FP** (orchard)
- 5.47 **TR** to stay on **FP LBMW AMc ST**
- 5.7 **G**, **SA** to **BW** (Graces Walk)
- 6.7k **X** concrete **B** then at...
- 6.8 **TR** dead tree/**FP**. Followed **RHFE**
- 7.13k Go **SA** through hedge gap to stay on **RHFE**
- 7.7 **TR** on Hurrels Lane. Use footpath on **L** and **X B** to avoid the weir! **TL** at **FP**
- 7.75k Diagonal **X** ploughed field to dead upright tree trunk
- 7.9 **SA** over earth **B**. **SA** mid field towards large burnt tree stump
- 8.1k Exit field through hedge gap over concrete slab **B**. **SA LWMW** (enclosed by electric fences)
- 8.4 **TL** on gravel track. **TL** to stay on gravel track toward church
- 8.7 **TL** on Church Road; 8.75 **TR** up steps **AMc LBMW SA** to wooden gate
- 8.85 **SA X** field on **FP**; 9.25k **TL** onto river **FP**
- 9.32 **TR** over **B**/Church Road; 9.37 **TR** in hedge gap into Trifarm field
- 9.5 Join running track anti clockwise
- 9.9 **SA** to top corner of car-park to FINISH

