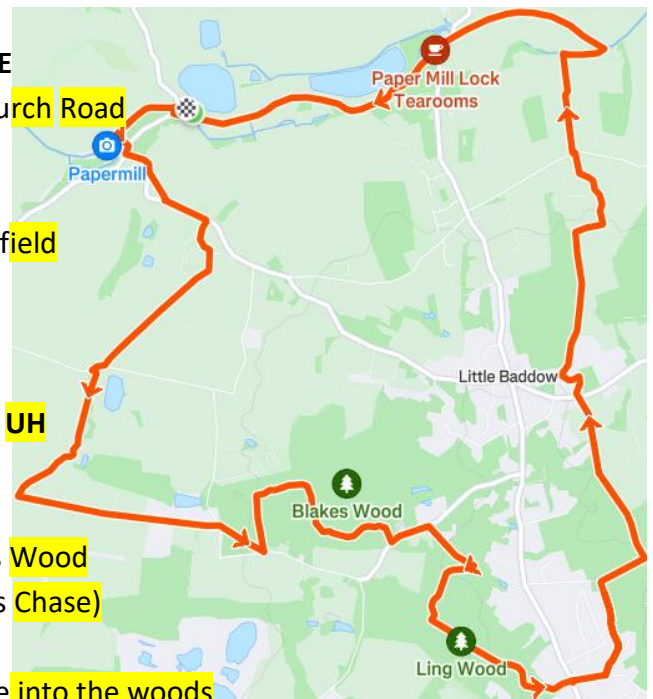


**AMc** Admiral McHardie(?), **B** Bridge, **BW** bridleway, **DH** Downhill, **FC** field corner  
**FP** footpath, **G** Gate, **L** left, **LHFE** left hand field edge, **LBMW** Little Baddow Millenium Walk  
**R** right, **RS** Retrace Steps, **RHF** right hand fork, **RHFE** right hand field edge  
**SA** straight ahead, **TL** turn left, **TR** turn right, **UH** Uphill, **X** cross  
 STRAVA: <https://www.strava.com/routes/3179422173839708214>



Start is located at the southern shore of the Trifarm lake (in KM)

- 0.2 Go through hedge gap and **X** Church Road. Stay on **FP**. **X** bridge and join riverside **FP**
- 0.3 **TL** and cross wooden **B** to enclosed **FP**. **TR** onto road and then **TL** onto Church Road at junction
- 0.65 **TL** onto **FP** through (diagonally) field. **TL** stay on **RFHE**
- 0.8 **TR** at **FP** to churchyard. Go down steps then **TL** on Church Road
- 1k **TR** onto **FP LBMW** track (stile)
- 1.25 **TR** onto grass **FP LBMW**
- 1.8 Through gap in hedge & a 2 post **B**. **SA** on **FP** through field (Use tree stumps as landmarks to **DH** far side corner)
- 2.2 **TR** over **B** on Hurrells Lane, Then..**TL**
- 2.3 **X** road to **G** **FP** / Waterhall Meadows. **SA** **G**
- 2.8 Take 2<sup>nd</sup> **L** to be on **LHFE**; 3.2 **TL** on Graces Walk **BW** **UH**
- 4.2 **X** road to **FP AMc/LBMW**; 4.45 **TL** on enclosed **FP**
- 4.7 **TR** on **FP AMc** into woods **UH**; 5k **TR** **FP** **UH**
- 5.2 & 5.55 **SA** **FP** **UH**. (most paths lead to; 5.6 **G** into Blakes Wood car park). Exit car-park on by **TL** **UH** on Road (Riffhams Chase)
- 5.7 **TR** into Scouts **G** then track.
- 6.1 **TR** at yellow arrow before fences/Riffhams Scouts fence into the woods
- 6.3 **RHF** **DH** then **SA**; 6.5 **TL** on **BW** **UH**; 6.9 **SA** on **BW** passing bench
- 7.3 Ling Wood Common car-park **X** road **SA** to Runsell Lane; 7.7 **TL** on Clarks Farm Lane **FP**
- 7.8 **TL** Wildlife Trust and **SA** into Spring Wood; 8.1 **TR** after **G** **DH**; 8.4 **TL** on **BW** **SA** to Postmans Lane
- 9.2 **X** road to **AMc** **FP** **UH** into woods
- 9.4 **TL** at wooden fence. Follow path around new house & **TR** to go behind it on **BW** into Heather Hills/**AMc**
- 9.7 **RHF**; 9.8 **SA** **DH** **BW** **AMc**
- 10.3 **TR** **LHFE**; 10.45 **TR** onto track **LHFE**; 10.7 **TR** **DH** on track
- 10.9 **X** road (Tofts Chase) to **FP**. **LHFE** **DH**; 11.4 **TR** in **FC** **LHFE**; 11.6 **TL** onto riverside **FP**
- 12.5 **X** road (North Hill) to paper mill lock (3 **Gs**). Stay on riverbank **FP**
- 14.1 **TR** over bridge then **TR** in hedge gap to Trifarm lake Complete  $\frac{3}{4}$  lap anti-clockwise to finish



Emergency numbers:

07774 003 961

07858 334 193

