

The Viper 10k trail run

! caution; **B** Bridge; **BW** bridleway; **DH** Downhill; **FC** field corner; **FP** footpath; **LHF** left hand fork
LHFE left hand field edge; **Rd** road; **RHF** right hand fork; **RHFE** right hand field edge; **S**. Stile
SA straight ahead; **SPW** St Peter's way; **TL** turn left; **TR** turn right; **UH** Uphill; **WB** wooden bridge; **X** cross

Exit the pub and **X Rd(!)** **SA** onto **SPW** to the start

0.25 Over **S** and then IMMEDIATE **TL** into narrow tree lined path

0.3 **S. RHFE**

0.56 **S.** Follow wooden posted fence across field

0.9 **LHFE.** In corner of field exit onto narrow path to wooden bridge

1.2 **TR** on **Rd** (*Ivy Barn Lane*). Then...

1.45 **TL** at **BW** onto gravel track **DH** (*Writtle Park Drive*)

1.45 **TR** behind house on **FP** into woods. Then **RHF UH** on **FP**

2.69 exit woods to **RHFE** 2.77 **TR FP** onto grass track

2.98 **TR** at fork, **DH**

3.20 **SA** into woods a **FP**

3.4 **SA X 3 WBs** 3.65 **TL** onto *Nathan's Lane* (**Rd!**)

4.3 **TL** at **FP**, cross logs into woods

4.42 **SA X** field **UH**

4.72 **TR** at **FP** onto track

5.12 **SA** through farm

5.21 **TL** on *Writtle Park Drive* (**Rd**)

5.42 **RHF** onto concrete track

5.64 **SA DH**

6.7 **TR** onto *Ivy Barns Lane*

6.9 **TR** at **FP** into field. **SA** to woods

7k **WB** by woods. **RHFE**

7.11 **SA** middle of field

7.3 **FP** into woods. **SA WB. SA WB**

7.93 exit woods **TL FP LHFE**

8.11 **X** earth **B**, then **TR** onto **BW RHFE**

8.5 **TR** at **BW X Rd(!)** 8.55 **SA** field to woods

8.71 Into woods, **LHF**

9.49 **X Mill Green Rd(!)** into woods

9.5 sharp **TL** on single track

9.72 **RHF** 9.76 **LHF** 9.9 **LHF**

9.93 **TL** at **FP** onto track (*GPX will help you in the dark!*)

10k **X Mill Green Rd(!)** to finish at the Viper

